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THE BEACH NEWS

Always Boosting Mission Beach, Ocean Beach, Pacific Beach and Point Loma

SUBSCRIPTION
$1.00 a Year
EIGHT PAGES

THIRD YEAR—No. 50 | Saturday, October 31, 1925 | FIVE CENTS THE COPY

Playgrounds Pro And Con

OFFICIAL REPORT
AWAITED ON ACTUAL COST
OF PLAYGROUNDS

As the result of a large and spirited mass meeting held at the Ocean Theater last Monday night, definite action on the proposed playgrounds and civic center will await a report from City Manager Rhodes as to the actual cost of the property desired for the improvement.

The meeting was presided over by Franklin A. Plank, who introduced Tam Deering, superintendent of recreation and playground director, and City Manager Fred A. Rhodes as chief speaker of the evening. Short speeches were also made by invited visitors from Emerson Heights and Pacific Beach and the meeting was then thrown open to expressions of opinion for and against the playground proposition.

All plans are now held in abeyance until a definite report from the City Manager is obtained within a week or so, when another mass meeting will be staged.

FIRE WOOD for sale—3 sacks, $1.00, delivered. Prices on larger quantities. REID'S HARDWARE STORE, or Phone Pt. Loma 49.

COUNCIL VOTES MONEY
FOR BRANCH LIBRARY

The people of University Heights who lost on the Library bond issue, along with Ocean Beach, have secured an appropriation from the city council for a library building, costing $17,000, having previously acquired the property location. The council has awarded the contract and construction of the building ordered paid from the general fund.

SIGNED THEIR NAMES
THROUGH MISUNDERSTANDING

Several citizens who have recently signed the petitions protesting the playgrounds have written to the city council requesting that their signatures be erased and stating that they signed through a misunderstanding of the subject as presented by solicitors opposed to the improvement.

PLEA FOR SCHOOL CHILDREN

In a letter to the city council, dated Oct. 25, Mrs. Amy Cummingham and Mrs. A. Dumont, of the P.-T. A., begin a plea for playgrounds with this striking sentence:

"We want the Ocean Beach Civic Center because it means safety for our school children."

JOHN P. MILLS SAYS
UNLIMITED POSSIBILITIES
OFFERED AT POINT LOMA

In a very interesting display announcement on another page John P. Mills quite truly says that there's nothing like a real estate investment to assure one's future. And in this connection particular attention is called to the unlimited investment possibilities offered on Point Loma.

The recent sub-divisions placed on sale by the John P. Mills Organization, Inc., are attracting wise buyers who foresee the great growth in sight for San Diego's newest residential district.

ROUND CORNERS FOR
STREET INTERSECTIONS

Councilman Louis C. Maire suggested at the council meeting last Monday the requirement of round corners at street intersections in sub-divisions laid out in the future. He also stated that elimination of sharp corners would make it easier and safer for automobiles to turn corners, and would prevent breaking of corners. City Manager Rhodes agreed with Councilman Maire and said the idea would be embodied in the city's regulations concerning acceptance of subdivision maps.

Famous Organization of Dance Musicians



LEADER PERCY CARR
AND HIS SAN DIEGANS
AT MISSION BEACH

Moving from the Ocean Beach Dance Pavilion, where they acquired a high reputation during the past two years, Carr Brothers' orchestra opened their engagement last Tuesday night at the Mission Beach Dance Casino where they are now known as "Carrs' San Diegans, the Mission Beach Ballroom orchestra."

It is announced that the title of "Carrs' San Diegans" was selected because it definitely identifies the musical organization and also because every member of the orchestra is a permanent resident and home owner in San Diego. The talented and popular director, Percy Carr, resides with his family in Ocean Beach.

The original Carr Brothers orchestra of eight artists has been increased to nine in number with the addition of Win Bowles, a former member of the Webster aggregation of musicians who is recognized as an exceptionally skilled player on the saxophone, clarinet and piano-accordion. The Mission Beach Dance Casino will remain open throughout the fall and winter season and the latest and best music will be furnished by Carrs' San Diegans.

BEACH BARBER SHOP—Ladies and children's haircutting a specialty.

HUMANE SOCIETY SEEKS
ASYLUM FOR DOGS

The Humane Society of San Diego are anxious to acquire a plot of ground somewhere in the city for the erection of a home for stray dogs. Different neighborhoods suggested have fought shy of the proposition and officers of the Society are still hunting a location.

Stationary—Froide—Bacon St.

O. B. LIBRARY

MARGARET RANKIN, LIBRARIAN

The O. B. Branch Library has received the following children's books: Prince and His Ants, Bertelli; Why be a Goop?, Burgess; Poppy Seed Cakes, Clark; Jumble Book, Cory; That's That, Retner; In the Land of Make Believe, Smith; Guessing the Geese in the Goose Family, Wells; Trail Makers Burton; Betty-Bide-at-Home, Dix; Blue Heron Cove, McKinney; Tonty of the Iron Hand, McNiel; Wide Open Eye, Purdy; Daughters of the Little Grey House, Little Grey House, Taggart.

REQUEST FOR TEXANS
TO REGISTER

All Texans, that is, people who have resided in Texas at some time in their lives, are requested to send their names with first name and initial, the town in Texas in which they lived, and their present San Diego county address to Capt. J. D. Dickson, 3150 Logan avenue, San Diego. He is compiling for the Texas Society of the county a roster of former Texans touring the state and to others in hunting relatives and friends.

PROPERTY REVALUATION

The board of supervisors has appointed Dr. Good and Tom Hurley, supervisors, to meet with a delegate of the chamber of commerce, two councilmen, and the city and county assessors, to discuss the property revaluation of the county and city. The meeting is to be held at the request of the San Diego chamber of commerce.

Carr's San Diegans, the new Mission Beach Ballroom Orchestra, opened their engagement at the Dance Casino in the Amusement Center last Tuesday ngiht, succeeding Cliff Webster's orchestra. Left to right, front row, Charles Safford, piano; Jay Eslick, drums; George Faltenmeyer, banjo; Percy Carr, saxophone, clarinet and trumpet; Jesse Hite, saxophone and clarinet; Oscar Tishauser, trombone; Si Jamison, tuba. Inset, Percy Carr, leader and arranger. Photo by L. K. Dewein. Courtesy San Diego "Union."

Photographs—Froide—Bacon St.

New Strand Theatre Opens Next Friday

REGINALD DENNEY
IN "WHERE WAS I?"
INITAL ATTRACTION

For the first leading attraction at the grand opening of the new Strand Theater next Friday night, Nov. 6, Manager Ray Ericsson has booked the famous feature film, "Where Was I?" with Reginald Denney in the star role. There will be no advanced prices, admission remaining at 15, 25 and 35 cents. The box office opens at 6 p. m. and there will be two shows. at seven and at nine o'clock respectively.

LAST PERFORMANCE TO BE
HELD TOMORROW NIGHT
AT OCEAN THEATER

When the lights go out tomorrow (Sunday) night at the Ocean Theater it will mark the finis of that house as movie headquarters under the management of Ray Ericsson, who will transfer his projecting machines and other paraphernalia to the new Strand Theater, which will be opened on Friday evening, Nov. 6, with a gala program of special features.

Decorators, upholsterers, carpenters, painters and electricians are working day and night finishing the interior of the new Strand Theater for the opening next week-end. Seating arrangements are being perfected and comfortable new loges have been assembled, while the installation of the fine furnishings and hangings will add greatly to the attractiveness of the spacious lobby and large auditorium.

Mission Beach News Notes

By MRS. F. G. GREENFIELD
726 Ormond Court
Special Representative
For "The Beach News"
Press executive for Mission Beach Chamber of Commrce.

We expect a whopping big crowd at our "Box Social" Nov. 17, at Shirley cottage. Everyone welcome.

Mrs. Allen Palmer of San Raphael Place has returned from the hospital where she recently underwent a serious operation.

Mr. and Mrs. J. A. Harris of Bayside Walk has returned from a short trip into the south country, stopping over night at Arrowhead Hotel. They found the road rough going—intended to go further south but car trouble caused their return.

Miss Green, instructor for sewing, is holding her classes at Shirley cottage—every Tuesday afternoon.

Mrs. Claude W. Chambers of Ocean Bd. Wlk entertained last Tuesday afternoon at her home. The guests were Mrs. Maurice Bernardino, Mrs. Geo. Newton, Mrs. Al. Lambla and the hostess. Bridge was played throughout the afternoon and tea served.

Mr. and Mrs. Clark of Vernon Ct. and Bayside walk are the proud parents of a baby girl, born last week.

Miss Helen Naftel of Los Angeles, and Miss Jessie Kirby were callers last Sunday on Beach friends.

The residents of Mission Beach are seeking earnestly for registration of all children of kindergarten age. Hopefully looking forward to obtaining the required number of 25 pupils, necessary, for teaching. There are about 21 children listed and it is hoped to start the new room by the first of the month. Please see that your child or neighbor's child is registered at school house on Jersey Ct.

Let's keep a look out for stray papers and trash and "pick up" the unsightly waste that the winds carry about. "Keep Mission Beach beautiful by cleanliness!"

All cess-pool pipes must be covered with copper screen and oil (kerosene) poured down same. Keep the mosquitoes from our community! They are the biggest fever germ carrier in existence. Be helpful and healthful and connect with the new sewer system, thereby eliminating disease carriers.

The city council has planned to institute condemnation proceedings in order to secure a site for the proposed septic tank on Point Loma avenue in the Sunset Cliffs section. The street was closed by the council several years ago.

FIRE STATION SOUGHT

The council this week referred to the "budget" committee a petition from Pacific Beach for a fire station in that section, the claim being made that the district is without adequate fire protection.

CITY COUNCIL
WOULD "CHIP IN" FOR
PUBLIC LIBRARY

At the recent Ocean Beach mass meeting City Manager Rhodes was applauded when he stated that he "had heard one or two members of the City Council say that if the people of Ocean Beach go ahead to purchase the land by local assessment, the Council will have to chip in and provide money for a branch library to be located on the land."

Kodak Finishing—Froide—Bacon St.

Clip Coupons And Use 'Em

EVERY MONDAY
IS "BEACH NEWS" NITE
AT M. B. ROLLER RINK

Arrangements have been made with Edw. A. Kickham, the enterprising proprietor of the Mission Beach Roller Rink, for recognition of the coupons published in another column, as complimentary passes every Monday evening, to the popular rink.

The coupons are for Monday nights only and are self-explanatory. Free admission and the complimentary use of a fine pair of skates are given to each lady or girl patron, while those of the male gender will be entitled to the use of skates at half price (25 cents) with admission free.

Monday evening is the best time for learning to skate, says the jolly "ED" Kickham and he certainly knows whereof he speaks when the subject concerns roller skating. He is an expert and is acknowledged to have provided at his Mission Beach rink "the largest and best skating surface in the West."

Clip the coupon and go early every Monday evening. Roller skating is a healthy and happy indoor recreation. There's an axiom going the rounds that if you're stout it will aid you to reduce, and if you're thin it will help you to increase your weight. And there you are coming and going, you can't get away from the really truly beneficial effects. Clip the coupon and start skating next Monday night.

Kodak Films—Froide—Bacon St.

O. B. BASEBALL

SILVERGATE VS. P. M. DAIRY

A peppy game is predicted on the beach diamond next Sunday afternoon when the Silvergate Club plays the P. M. Dairy team.

OCEAN BEACH CLUB BYE

Owing to the reorganization of the league the O. B. baseball team is laying off until duly assigned on the new schedule.

SPACIOUS DINING ROOM
ADDED TO MISSION CAFE
ON VENTURA PLACE

John O. and Oscar C. De Ment, the enterprising proprietors of the Mission Cafe at 756 Ventura place, just north of the roller coaster at Mission Beach, have been extra busy this week greatly enlarging their popular eating establishment. The adjoining store, formerly occupied as a realty office has been leased and is being transformed into a commodious and first-class dining room, where dinner parties can be arranged with all modern appointments. A large clientele is familiar with the fine cooking afforded by the well known John O. DeMent, while prompt and satisfactory service is assured by the DeMent family at all seasonable hours. On the second story, above the Mission Cafe, there are several comfortably arranged apartments for permanent and transient tenancy and the location is very desirable for beach residence.

Prepare For Radio Rush?

CURATIVE EARTH
FOUND NEAR BAY SHORE
AT OCEAN BEACH

Right at the front door of Ocean Beach there has been recently discovered a large deposit of remarkably curative clay which is said to abound in radio-activity qualities.

J. M. Cross, a well known resident of Loma Alta, lays claim to being the first to detect the remedial nature of the soil on the bay shore. He had accidentally cut his hand while at work in the canyon east of the railway bridge, and in order to stop the flow of blood and relieve the pain, he applied a muddy mixture from the surrounding clayey earth.

It is asserted that the effect was simply wonderful. Instant relief was afforded and the wound healed with exceptional rapidity.

This is not a medical advertisement nor real estate propaganda!

Hence, it's worth recording that Mr. Cross says he has since cured a severe attack of toothache with an application of the clay containing the presumed radio-activity elements. At any rate, he has had some samples of the soil analyzed by geological and chemical experts, who are unanimous in the opinion that the dirt substance is highly impregnated with radio-active characteristics, while it is stated that a handful of the earth, when examined in the dark, emits myriads of scintillating little sparks of radiostic light.

And now for a "radium" rush!

Rain-Fogs?—Permanent Waves.
THE BEAUTY SHOP
Phone Point Loma 193

Hundred Cottages To Be Constructed

BIG BUILDING PROJECT
PLANNED ON BOTH ARMS
OF BONITA BAY

Plans are announced as about being perfected for the construction of several units of cottages on the north and south arms of Bonita Bay opposite the Mission Beach Amusement center. The building project will be under the direct supervision of Holmes & Patterson, a firm newly organized for promoting the enterprise. Mr. Holmes is a well and favorably known concessionaire from Venice and Mr. Patterson is a prominent figure in the motor transit world.

Arrangements are under way, it is said, for the erection on the north end of Bonita Bay of thirty-five cottages, consisting of three rooms each, with all modern improvements. The houses will be standardized and rentals will be fixed at a very moderate figure. Upon the completion of the first units, work will proceed for the construction of sixty-five cottages of a like nature on the southern side of the new pleasure bay.

"GIANT DIPPER"
GETS COAT OF PAINT

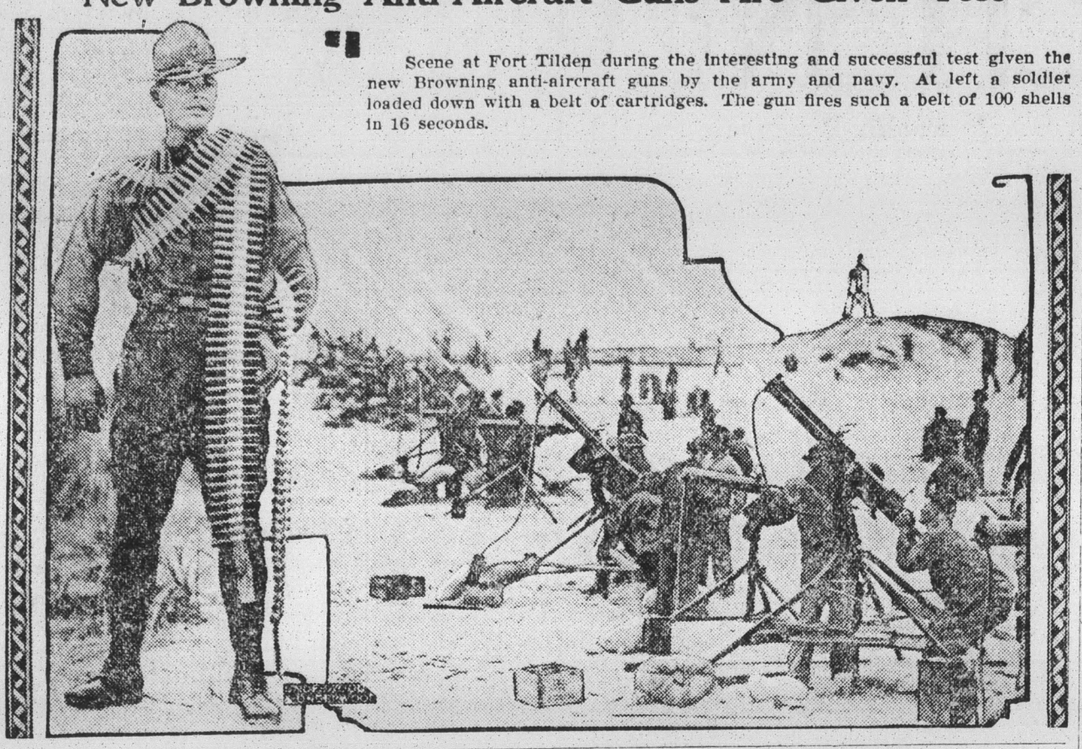
The immense spidery structure of the roller coaster at Mission Beach is undergoing a snowy transformation. Painters are busy giving the "Giant Dipper" a coat of white, which greatly improves the appearance of the popular ride "through the clouds."

VISITS OLD MEXICO

Harry Hull, concessionaire de luxe of Venice, who has transferred his activities to the Mission Beach Amusement Center, stepped on foreign soil for the first time early this week. His friends are congratulating him upon his safe and somewhat circuitous return from the allurements of Tijuana, just across the Mexican line.

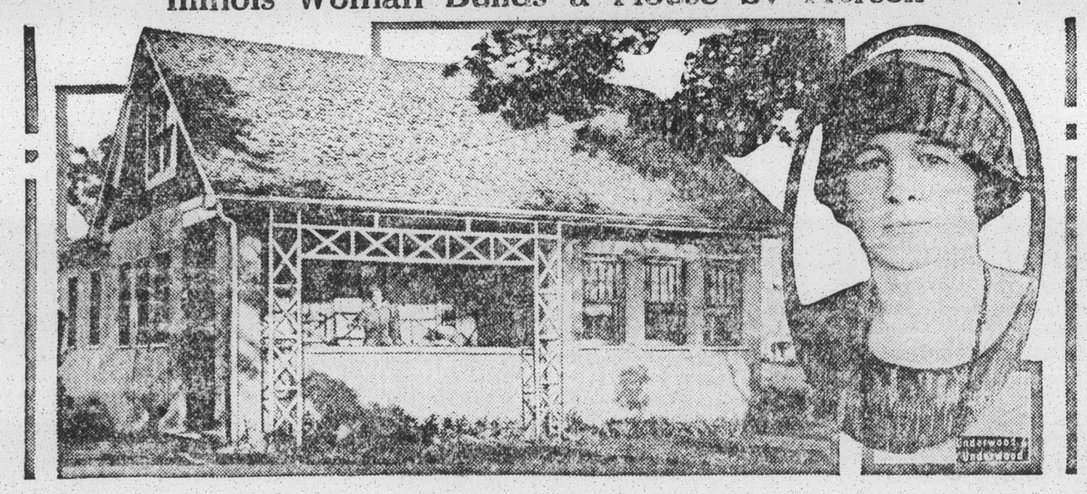
CLASSIFIED ADS
GET QUICK RESULTS

New Browning Anti-Aircraft Guns Are Given Test



Scene at Fort Tilden during the interesting and successful test given the new Browning anti-aircraft guns by the army and navy. At left a soldier loaded down with a belt of cartridges. The gun fires such a belt of 100 shells in 16 seconds.

Illinois Woman Builds a House by Herself



Want a house and short of funds? Then build it yourself. Mrs. Lucille Lovely of Galesburg, Ill., proves that it can be done, even by a woman. She has just moved into the structure, the entire construction of which, with the exception of some concrete work and what assistance could be given by her husband during his spare time, is credited to Mrs. Lovely. Garbed in overalls and wielding a saw and hammer she completed the task in one year.

Vanity Bags for Men Seen in London



Here's a sight that may be a familiar one shortly, if the present London fad attains popularity here. Men there are carrying vanity bags, equipped with extra collar and handkerchief, pipe and tobacco pouch, cigarettes, key ring, comb and nail file and a few other necessities.

Ingenious New Snow Motor



G. Scott of Detroit and J. H. Saunders of London, designers of a new style snow motor, successfully demonstrating their device at the Jungfraujoch, Switzerland. The motor resembles a small military tank, or tractor. It has no cogwheels, but huge drums which revolve spirally and propel the machine onward by means of threads which fasten themselves into the snow like giant screws.

ONLY 12 BUT A BRIDE



At twelve years of age, this little girl is Mrs. Winifred Shifflet, of York, Pa. She recently became a bride in one of the alleged "marriage mills" in Maryland, now under federal investigation. The girl's parents, Mr. and Mrs. Edward Bierence, have instituted proceedings to annul the marriage.

HE CAN'T COME IN



Shapurji Saklatvala, a Parsee Communist member of the British parliament, who planned to come to the United States to attend the sessions of the Interparliamentary union, but who was barred from the country by action of Secretary of State Kellogg because he carries on revolutionary propaganda.

SHIP IS LOCKED THREE YEARS IN FROZEN ARCTIC

Crew of Seven Arrive at Nome and Tell Weird Tales of North.

Nome, Alaska.—Seven men sailed bravely into the Arctic aboard the schooner Maud three years ago, hoping to drift with the ice across the North pole.

Lonely months passed, the ship locked in the frozen seas and her crew glad of the companionship of dogs and polar bears. One man died—a victim of the hardships encountered. Many times the crunching ice threatened to smash the small vessel and once the crew gave her up for lost.

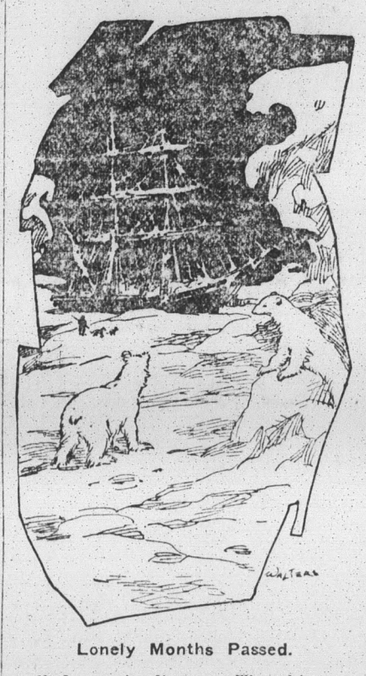
On this occasion Capt. O. Westing ordered his men to the ice, and they loaded their dog sleds with food and supplies, ready to fight for their lives on the shifting ice pack.

But the dangers were overcome, the stoutness of the craft resisting the ice pressure. The Maud is back here now, unsuccessful in her mission, but with a wealth of information and strange stories of adventure amid the towering icebergs, in the almost lifeless solitudes of the North.

Airplane Is Wrecked.

Perhaps the most important of the comment brought back is that of O. Dahl, the expedition's aviator. Dahl chimes in with the growing belief that Arctic exploration is impossible with heavier-than-air flying machine.

"We had a biplane which we had hoped to use in exploration and reconnoissance work," Dahl said. "But when I tried to ascend in it, I found that the uneven surface of the ice



Lonely Months Passed.

spelled certain disaster. The ship was wrecked. The Arctic ice is no place to try out a biplane."

The Maud was built for Roald Amundsen in Christiana and sailed from that port, now Oslo, in 1918. She made the Northwest passage, and after refitting in Seattle and a final stop here, again went into the north, the plan being to let the ship freeze into the ice and to move with it across the "top of the world."

The Maud drifted from a point east of Herald island to the northwest, the current not going to the north as was expected. Passing to the southward of the Jeanette islands, the Maud went slowly toward Bennett island, which was slightly to the northward.

In Clutches of Ice.

Radio orders were received aboard the Maud to return to the United States because of her inability to get into the northern drift. This was in 1923, but the vessel, again in the clutches of the ice, was unable to extricate herself.

The drift then was taking the Maud to the westward. She worked her way toward Chukotsk peninsula. She got out of the ice August 7, proceeding to East Cape, and thence to Nome.

All of these movements were slow. The tedious monotony of the journey was alleviated somewhat by the radio, by the 15 Siberian dogs carried for emergency, and by friendly polar bears, which browsed around the ship in amiable fashion.

The coldest weather experienced was 70 degrees below zero and the northermost point reached was latitude, 73 north; longitude, 146 east.

Woman Saved at Fire by Parrot's "Oh, Lord!"

New York.—Through acrid smoke, Fire Captain Drewes heard the wail, "Oh, Lord! Oh, Lord! Oh, Lord!"

Captain Drewes was on the second floor of a building at First and River streets, owned by Mrs. Puliana Loweinger. In the basement was a brisk fire. He had searched the building for tenants and had found no one. Again, however, he heard the cry:

"Oh, Lord! Oh, Lord! Oh, Lord!"

On the floor of a bedroom, unconscious from smoke and half hidden by furniture, Captain Drewes found Mrs. Loweinger. Above her perched a pet parrot, which, when it saw him coughed weakly, "Oh, Lord!"

Mrs. Loweinger was carried up a fire escape to the roof of an adjoining building and revived. With her was carried the parrot. The damage to the building was estimated at $50,000.

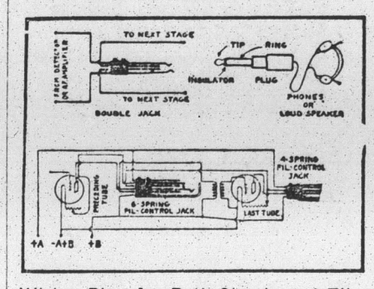
Radio Batteries and Their Duties

Authority Explains Classification of Types and Functions.

By E. N. RAULAND

Much confusion exists in the minds of radio fans as to batteries, and it is believed that the classification of types and functions will be helpful alike to the novice and to many experienced set builders.

The three elements of the common vacuum tube, filament, plate and grid, are often designated respectively by the letters A, B, C. The order in which the letters are assigned corresponds to the historical development of the tube. The heated filament is comparatively an old device, and the battery which lights it is known as the filament battery or "A" battery. The plate was the second element to be invented, and any battery used in the plate circuit is a "B' battery. The



Wiring Plan for Both Simple and Filament Control Jacks.

most recent of the three is the grid, and a battery in the grid circuit is termed a "C" battery.

The "B" battery, connected in the plate circuit, maintains the plate at proper potential, and supplies the energy which operates the phones or loud speaker. The "C" battery provides what is called a negative bias on the grid. It is not always necessary, but its use reduces the drain on the "B" battery and frequently improves the volume and tone quality from the amplifier.

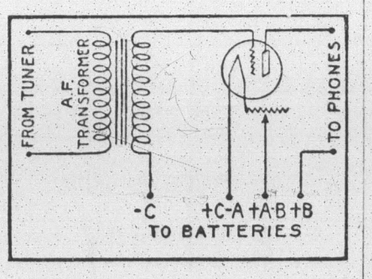
Wiring Audio Amplifier.

The wiring of the audio amplifier is subject to but little variation. Practically the only modifications commonly seen are in use or non-use of the "C" battery, unless the circuit is reflexed, or unless the push-pull principle is utilized.

The principle of the telephone is so well known that we shall not attempt any explanation of it. In the ordinary headset, the two phones are connected in series. Where several sets are used, they may be connected in various series-parallel combinations.

A loud speaker is not different fundamentally from an ordinary phone, except that some types employ electromagnets which require current supply from the storage batery. These are the only modifications commonly seen in this circuit unit, except that a by-pass condenser of about .005 mfd. capacity is sometimes connected across it, to shunt out any remaining radio-frequency oscillations.

The common method for switching circuit units in and out—particularly audio amplifier stages and phones and



Wire Marked "to Phones" May Connect to Additional Stage.

loud speakers—is that of plugs and jacks. The two terminals of the phones or speaker are connected respectively to the tip and the ring of a plug which can be inserted into any standard jack.

Besides completing the connection to the phones, the insertion of the plug in the jack ordinarily disconnects all following audio stages, these being then out of use. This disconnecting is accomplished by the use of the common double jack, having three or four contact springs. Jacks using three springs disconnect only one side of the following audio stage, which is sufficient to put it out of action.

Add Complications to Wiring.

In addition to the above function, jacks are frequently built so as to switch on the filament of all tubes in use, without lighting those in following stages not in use. Such filament control jacks are convenient, though they add complications to the wiring. The plug, on entering such a jack, works a spring connected to the preceding tube, as shown in the filament control diagram, connecting it then directly to the battery, and disconnecting it from the next tube. When the plug is withdrawn, the battery connection is broken, and the connection to preceding tubes falls back into parallel with the following tube.

It is not practicable to switch radio-frequency amplifiers in and out by the use of jacks or any other rapid means, as the long wires required would interfere seriously with the operation of the amplifier. Jacks have been employed for switching tuner units, disconnecting an aerial tuner and throwing in a loop tuner. This is bad practice, however. Jacks should be used only in audio-frequency wiring.

GAINED 17 NEEDED POUNDS

Adding her voice to the thousands who are praising Tanlac for the return of health and strength, Mrs. George Hernigle, relates her remarkable experience with the medicine.

"To me Tanlac is the grandest medicine in the world. It has not only increased my weight 17 lbs., but it has also brought me the best of health. I had suffered from nervous indigestion for five or six years and had reached the point where it was either get relief or break completely down.

"When I began taking Tanlac I only weighed 99 lbs., I couldn't sleep, felt tired all the time, and was often unable to do my housework. Since taking Tanlac I weigh 116 lbs. and am a new person. Tanlac is also helping my little eight year old girl. It makes her eat more and sleep better, and I consider it deserving of only the highest praise."

What Tanlac has done for others it can also do for you. For sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Tanlac Vegetable Pills for constipation made and recommended by the manufacturers of Tanlac.

TANLAC
FOR YOUR HEALTH

New Sun Dial Accurate

Although sun dials have been satisfactory in a general way for giving the hours, a new one has been invented that tells time to within 30 seconds. Hands are geared to the dial, which has an additional part through which a ray of light passes. The dial is improved also to correct for different positions of the sun during the different seasons, allowing for the equation of time of the amount of time the sun is ahead of or behind its average position. The inventor is Prof. W. E. Cooke, an astronomer of Sydney, Australia.

Cuticura Comforts Baby's Skin

When red, rough and itching, by hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Advertisement.

Question

"Reg called on me today and declared his love."

"Really! Which one?"

Junction—a place where two roads separate.

Well-Merited Success

Honored politically and professionally, Dr. R. V. Pierce, whose picture appears here, made a success few have equalled. His pure herbal remedies which have stood the test for fifty years are still among the "best sellers." Dr. Pierce's Golden Medical Discovery is a blood medicine and stomach alterative. It clears the skin, beautifies it, increases the blood supply and the circulation, and pimples and eruptions vanish quickly. This Discovery of Doctor Pierce's puts you in fine condition, with all the organs active. All dealers have it.



Send 10 cents for trial package of tablets to Dr. Pierce, Buffalo, N. Y.

Industries Active

The manufacturers of the United States are apparently making a new high record in their industrial activities in 1925. This evidence of an enlargement of their output is found in a study made by the Trade Record of the National City Bank of New York of increases in their demands for the classes of manufacturing material which they find it necessary to draw from the outside world.

Sure Relief



6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

25¢ and 75¢ Pkg's. Sold Everywhere

PASTOR KOENIG'S NERVINE

FOR NERVOUS AILMENTS

PRICE $1.50

Write for FREE BOOKLET

If your druggist cannot supply you, order forwarding charges prepaid, from

KOENIG MEDICINE CO.
1045 N. WELLS ST., CHICAGO, ILL.,

EPILEPTICS—At Last!

A treatment which positively stops all seizures from first day's use. No bromides or narcotics. Guaranteed. Information free.

Hunter Sanatorium, Little Rock, Arkansas

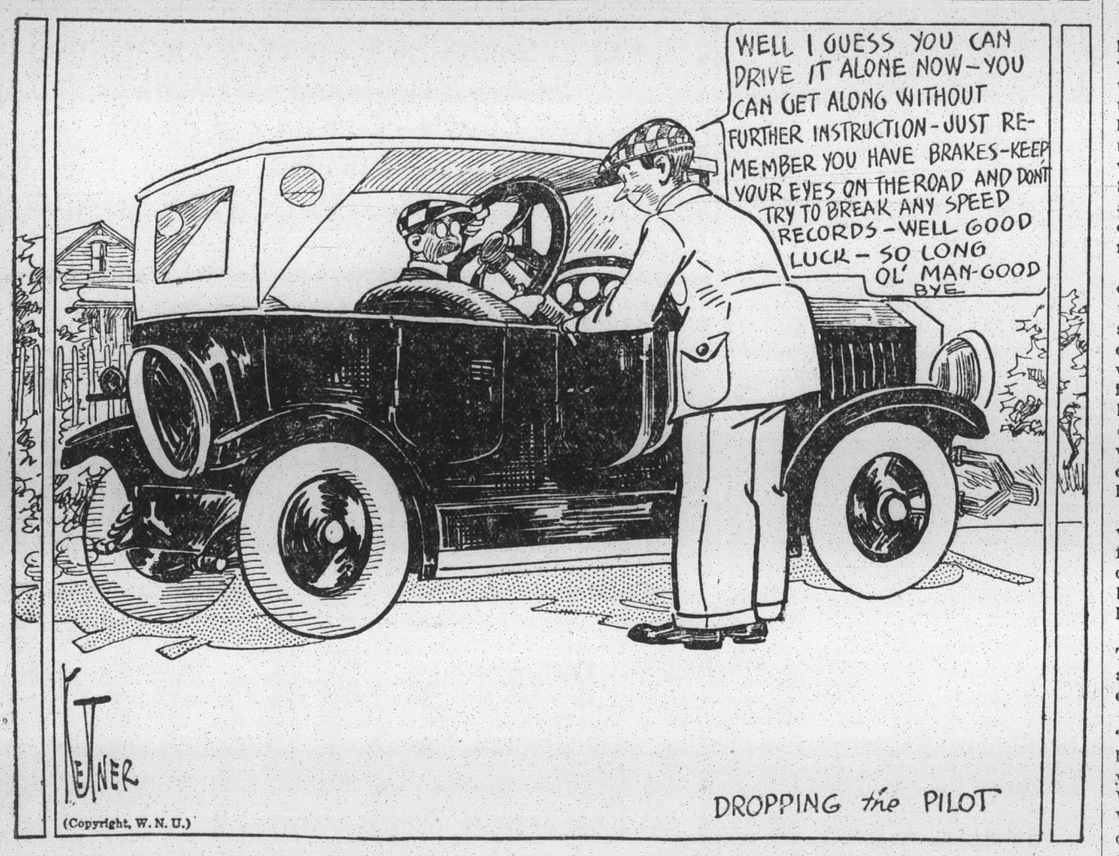
BLOTCHY SKIN

need not annoy you. Pimples blackheads, etc. are quickly dispelled by

Resinol

OUR COMIC SECTION

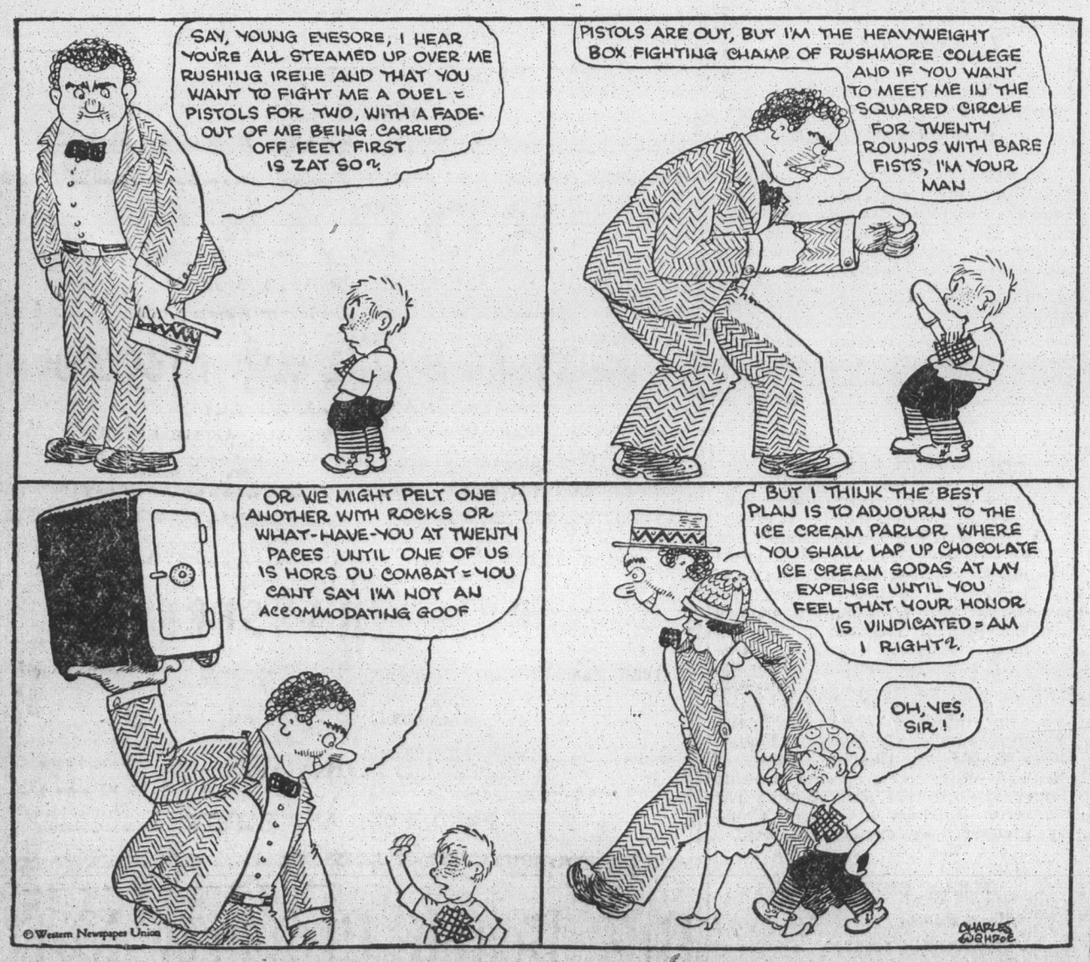
Along the Concrete



THE FEATHERHEADS — Worms Aren't the Only Things That Turn



MICKIE, THE PRINTER'S DEVIL — The Amende Honorable



Daddy's Evening Fairy Tale

MARY GRAHAM BONNER

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THE FOG HORNS

Far away from many of the world's places, and yet convenient to places which it is near, is a jagged, rocky, wild coast. Its rocks have never been taught to stand in regular, straight lines, and Nature, busy with so many things, has let them have their own way. Nature is an indulgent mother. She lets so many of her children do as they choose, the winds, the excitable snowflakes, the fogs, the rains, the sleet storms.

So have the rocks behaved as they chose, standing here and standing there. Rough edges have not been smoothed. Those that wanted to lie down in the water and only be noticed when lighthouses or buoys gave warning, have been given their way. Some have gone far out into the water, eager, it would seem, to find out what lay beyond, to feel the wilder ocean outside the coves and bays and harbors.

The ocean has sprayed over them, washing them with her cold, salty, foamy breakers. Sometimes she has dashed so hard over them that other, lesser objects could not have stood her terrible ways.

But the rocks have loved all this. They have stood as firmly as ever, answering the ocean's roarings with echoes and with shouts.

"Come along," they have shouted. "Come along and dash over us. Hurry, hurry, rush and tumble and fall with your great mighty tumbles, old ocean. We enter into the spirit of your game. We may stand still on quiet, windless days and let your waters fall softly over us, or playfully into our caves and hollows and caverns. We may let the sun shine down on those of us that stay above the water, or we may let the blue green of your deep loveliness always keep us covered where we lie under your surface."

Many has been the terrible storm the rocks have seen and been a part of too, for that matter. Many has been the lonely wreck of a vessel they have witnessed. And when morning has come—or calm has come again—they have shown neither by sign nor sound that they had ever been anything other than beautiful and serene.

But greater than the storms, more powerful at any rate, have been the fogs.

They have come up when storms were raging and the sea has quieted



"You Can't See Outside My Blanket."

down to listen to the strange silence of the fog as it took them in its great, thick blanket.

"Now," the fog has said, "you can't see anything. You can't see outside my blanket, can you?"

And the rocks have stood up in the thick, thick greyness and have uttered not a single word.

The ocean has washed over them and the ocean could only feel the rocks and the rocks could only feel the ocean. They could not see each other.

But the buoys have rocked a little and sung in their clanging, bell-like way, steadily, steadily, steadily:

"Beware. Clang-clang. Beware. Clang-clang. The rocks are here. Beware. Clang-clang."

And the lighthouses, hidden in the fog's great blanket have boomed the fog horns.

"Boom-boom," the foghorns have shouted in their low, deep, muffled voices. But their voices have risen above and through the fog and have sent their blessed warnings to fishing schooners, vessels, big boats, little boats.

"Boom-b-o-o-m, f o g, f-o-g, f-o-g, f-o-g, fog,-fog, fog-fog, f-o-g-f-o-g. Thick, thick, thick, fog, fog, fog."

Strangers coming to live along the coast for a day or so or a month or so have thought the foghorns forlorn-sounding horns. Depressing they have called them.

But the people who live along the coast take new hope in their hearts as the foghorns boom forth and their loneliness and fear of the great fogs and for those who belong to them who are out in its grey thickness is lightened by the constant booming and clang-clanging. For they know the way of the sea and the way of the rocks and the way of fogs, and the foghorns are the great, tireless hopes and comfort of a coast people.

Deep and strong are the fogs. People cannot see each other's houses. They jump into each other along the rocky paths, or the rocky streets. The fogs are so great and so powerful, so terribly great, so terribly powerful. But the foghorns are the blessed sounds that give relief to the hearts of those who live by or on the sea.

Community Building

Interest in Schools Highest Civic Virtue

It is estimated in the bureau of education, Department of the Interior, that there are approximately 12,000,000 children enrolled in the different types of rural schools in the United States. About nine million of these children come from farm homes. The others live chiefly in small villages, but are part of the farm population. To provide the best modern educational advantages for these children is a cause worthy of generous sacrifice if that sacrifice is necessary. The money that we pay in taxes for the education of our children is our very best investment, provided that we are wise enough to insure that it is well spent. How can we do this? Generally, so far as the ordinary farm citizen is concerned—the man in the road, to paraphrase a popular expression—by showing an intelligent interest in the school all the year round. Not spasmodically, but constantly. Is there a board member to be selected? Then go to the voting place and help select the best person for the job. Is a new schoolhouse, or are repairs for an old one needed? Then do your part to insure that the building is the best the community can afford. Is a teacher to be employed? Do all you can to see that the school board members are encouraged to get the best teacher available. Raise the salary if necessary, but do not be satisfied with a cheap teacher. The board will follow the sentiment of the community in regard to the qualifications and salary of the teacher.

Do your part in creating a community sentiment favorable to a good school. The citizens of the community are responsible for the quality of the farmers' school—not just the members of the school board.

New Jersey's Plan to Preserve Shade Trees

The New Jersey state highway commission, which is constructing and improving a vast network of roads all over that state, has just adopted a rule which is heartily to be commended for imitation by road builders everywhere. That is, that for every shade tree by the roadside which it is compelled to destroy, it will set out two new ones.

This will check a great evil, and effect considerable positive good. In the last few years thousands of fine shade trees have been destroyed along the roads of that state, some by the state and some by local authorities. Roads have been improved, so far as the pavement is concerned. But they have been damaged, so far as comfort and appearance are concerned, by being denuded of trees. In some cases this was inevitable, where it was necessary for safety or convenience to widen the roads, or to eliminate dangerous curves. In others, probably in half the cases, it was entirely needless and wanton.

Under the new rule it is obvious that greater care and discrimination will be exercised, so as to destroy no trees which can possibly be preserved. When any must be removed, they will be doubly replaced, so that roads will actually have more trees than before. —Exchange.

Have a Home

Many years ago, Abraham Cowley in his poem, "The Wish," wrote:

. . . Ere I descend to the grave
May I a small house and a large garden have;
And a few friends, and many books, both true,
Both wise, and both delightful, too.

After all, the fundamental desires of men have changed very little since these lines were penned. Which one of us would not be happy today with a comfortable little house, filled with human and book friends that were true, wise, and delightful—and a garden, small enough not to have its care a burden, large enough to allow for winding walks which lead to shady nooks where one may experience a sense of remoteness from the city's bustling roar? We all want these things. How to achieve them is the question.

That is why the home-building activities of others are so interesting; in some of them we may find the answer to our problem.—Western Electric News.

Avoid Combustible Material

The food upon which the fire demon feeds is carelessness and combustible materials used in building. Carelessness cannot be entirely eliminated, but houses can be built fire-safe. The man who builds a fire-safe home is a good citizen. He is adding something permanent to the wealth of his community, and he has provided a fire barrier that in itself will tend to lessen serious conflagrations.

Guard Young Trees

In the care of one's yard caution should be taken against irregular growth of trees, and means adopted to rectify any fault in the tree's growth at the start. Many trees are inclined to lean in a certain direction through being forced into that position by prevailing winds from the opposite point, and unless braced while young it will be impossible for them to grow upright as they should. It is well that a sufficient space be spaded up around the tree.



Depreciation—Overhead

A man who makes a living with his head was bewailing the other day that he had not begun saving earlier in life and that he had not saved more.

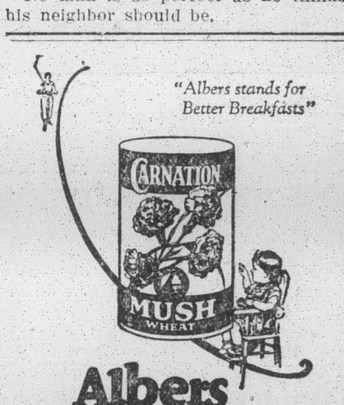
"Well," said a consoling friend, "you've still got your head, and it still works. Why worry?"

"Yes," said the thriftless one, "but the trouble with me is that I have never set aside enough for depreciation on the intellect."

Submitted as a brief sermon on thrift.—Nation's Business Magazine.

Over 2,400 Miles on One Pair Soles
H. H. Roehrig, a postman of Richmond Hill, N. Y., wore a pair of USKIDE Soles for over 7 months, averaging 12 miles a day in all kinds of weather on hard, rasping pavements—and the soles are still good for more wear! That is USKIDE every time. USKIDE—the Wonder Sole for Wear. It is made by the United States Rubber Company, the world's largest manufacturer of rubber products. Wears twice as long as best leather. Tell your shoe repairman to re-sole your shoes with USKIDE. Ask your shoe dealer for new shoes with USKIDE Soles.—Adv.

No man is as perfect as he thinks his neighbor should be.



Albers Carnation Mush

A hot, nourishing cereal is the prime morning need of a growing child. This is why the wise mother always serves Carnation Mush to His Highchair Highness. Whole wheat and delicious!

Conservation of Feathers

Finland is reported as swinging hard into the lines of conservationists with a law prohibiting the sale of feathers of wild birds for millinery purposes. Evidently Finland objects to giving any basis for being called featherheaded.—Parks and Recreation.



The House behind the goods

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"LOMA LORE"

By WINIFRED DAVIDSON

Point Loma, California

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(Continued from last week)

As I have said, Henry Israel and Luis Serrano have positive convictions about there being a keepers of the old light—assisant keepers at least—other than those recorded; but we may take Robert D. Israel at a salary reduced from one thousand to eight hundred a year, as continuing incharge until in 1891 the new light at the shore level on the Southwestern shelf of the Point was established.

Around Bob Israel cluster lingering Spanish affections. His memory deserves therefore all authentic descriptive and whatever worthy surmisal matter may be now available.

"Captain Robert D. Israel," says Smythe, "was one of the few real 'pioners.'....a native of Pittsburg, Pennsylvania. Served in the Mexican War,, in the Second Division, in the Rifles and saw much hard service, in 1848, he came to San Diego. He lived at Old Town several years, engaged in blacksmithing,—keeping a saloon, and doing contracting with his brother, Joseph H. Israel. He became keeper of the lighthouse on June 14, 1871, and served until January 6, 1892. He was orderly sergeant in the Garra campaign and in charge of the firing squad which executed that brave man. He served as policeman and jailor in the early 50's; in 1858 was justice of the peace, and in 1865 school trustee."

Hard services....Rifles, through the Mexican war....blacksmithing....hauling....in charge of the firing squad that executed the San Luis Rey (Cupeno) Indian leader of revolt, Antonio Garra policeman jailor justice of the peace....Yes, I think that Bob Israel had had such training as steadied him to the faithful keeping of the Poin Loma light. I believe that for twenty-one years, with perfect regularity there was an exhibition of the white signal at No. 355 from night to night, from year to year, from every sunset to every sunrise; that not for a single hour during all those nights and nights was it suffered to fail.

His wife, Mary A. Israel....it looks quite American, that name, on the old official record!—Senora Maria, was his adjutant, his helper, his first assistant. She exemplified the traditions of the Spanish wife. Here at the lighthouse she was as truly the preserver of custom, the rememberer, the steadfast adherer to what had been, as though she had continued her existance in one of the typical adobe houses centering on the Plaza in Old Town. I have acquired a little memory picture of old Point Loma during the Israel occupancy of the lighthouse. It includes a glimpse of Mary Israel:

In that San Diego (New Town) that was booming in 1874 there flourished a woman jouralist who used the name of a popular ballad darling: "Maggie May."

"Maggie May's" articl in the Union of February 22, 1874 yields us this:

"About a mile below the mouth of the river is the site of the city of Roseville, which is but a sight in imagination as yet, gut with a beautifully executed map to keep the imagination from soaring too high....Some Chinese have a fishing camp near the warf. There are also several families residing there; otherwise solitude reigns supreme.

"The carraige road to the Lighthouse here leaves the shore and ascends to the mesa of Point Loma. The ascent is quite steep but one is more than repaid for the exertion of climbing it by the view obtained from the sumit. To say that the scene is incomparable, gives but a faint idea of its real grandeur or beauty! The whole bay, with its surrounding towns; its shipping; the highways [trails, Maggie May—haphazard trails in 1874!] branching off in a hundred directions.... the three river mouths which yearly bring their springs to pour at the feet of the mild old Pacific, and the Peninsula which forms the boundary of our harbor, with its miniture bays; and the little cabins of the fishermen, with their boats flitting to and fro over the clear, blue waters....

"The lighthouse upon the extreme point of Point Loma is some fourteen miles from San Diego (New Town) and is approached by one of the most beautiful drives in the world, to those who enjoy the cool, bracing breeze....The buildings consist of a very neat and commodious dwelling house surmounted by a tower fifteen feet high, also several immense sheds errected by the government for the purpose of catching rain-water enough during the rainy season to fiill the cistern. These roofs are very flat and are arranged with spouts, etc. Water and wood are items of considerable importance here, both having heretofore been brought from San Diego. We were conducted through the entire esablishment by the gentlemanly keeper, Mr. Israel, and his wife, who is his assistant in the care of the light, which is very ingenious. Everything is scrupulously clean; the glass reflectors of the lantern fairly dazzle the eyes. There is a small room in the tower, below the light, for the accommodation of the watchers, and here they pass the long hours of the night, watching alternately the light of the huge lantern, which is a welcome beacon to the toilers of the sea' who may be within reach of its rays. The light, which is 480 feet above the ocean, can be seen upon clear nights a distance of sixteen or eighten miles. The roar of the wind about the tower is almost deafening, and necessitates the voice being raised to the highest pitch whilst conversing within.

"The vegetation around the lighthouse is very meagre, consisting of very low, scrubby sage brush. Mrs. Israel told us that she had endeavored in vain to make a few of the most hardy flowers and vegetables grow, but the position was too much exposed to admit of cultivation...."

ALL NIGHT DANCING

You have heard of Spanish dancing in Old Town in old times: the violin or guitar or both ever sounding, light quick heels beating, witty verses accompanying. Well, at the lighthouse were just such all-night bailes prolonged to sunrise. By sailboat or by saddle-horse the young people came over from Old Town. Dick Kerren knew every old Spanish air that ever blew to California shores. For more than a decade he "played the dances" all the way from Los Angeles to towns beyond the border in California Baja: those fandangos held within arbors with beaten floors, where for two, three and sometimes for all the days and nights of a week feasting and dancing went on without interruption. Were they not good times those, and merry! **El Son, La Bamba**, the later waltzes polkas, schottishes and quadrilles....not within the dwelling of the lighthouse itself, Mr. Israel and Miss Whaley tell me, but in one or the other of those larger outbuildings.

"And then down to the beach for the sunrise," Miss Whaley says. "And the beauty of those sunrises!"

No one more successfully than Bayard Taylor, Dana and various San Diego journalists including Jeff Gatewood and "Maggie May" has attempted to describe the grandeur of the scene unfolded at old "Spanish" light. I have wanted to close this little pamphlet with a few words translating my personal response to the picture that for twenty years has been home. I dare not say it. I should seem, in the words of my arguing "oldtimer" to be "talking' crazy." I know that there are in the world other natural glories where the grapes of appreciation are reduced ilke mine to the richest of rich wines of silence, but I have not seen them. Here however, let Jeff Gatewood speak of the enchantment that was his at the beginning of the year 1869:

"From the summit of the hill (the lighthouse site) the scene was grand. Old San Bernardino's frosty head rising far to the north among the Sierras looked sublimely down from his snowy kingdom upon the silvery tinged foothills, as they sloped and changed to green upon the waters of the Pacific. In the west the Quiamac (Cuyamaca) high and bluff threw the sun's rays from its rough bronzed sides and seemed to smile in pride upon the heads of little hills around it. As the eye wandered further south along the horizon of ether blue broken by rolling hills and pointed peaks, it rested on the grand old Table Mountain lifting its broad flat top among the clouds but bending down towards the sea as if it sought to find its comely peak within the waves. And so still south the hills and valleys of the coast grew lower and the white caps of the breakers grew fainter until land and ocean seemed to blend and the eye lost the line where ceased the ocean and where began the sky. Due south arose the Coronados—three little isles—looking like little wanderers from home, playing truant among the billows, reckless of the frowning of Mother Loma. Away to the west rolled the broad Pacific, 'deeply, darkly, beautifully, blue'."

(Continued next week

THE BEACH NEWS

AN INDEPENDENT PAPER

Promoting the Progress of the Beach Sections of San Diego and the Entire Point Loma Peninsula.

PUBLISHED EVERY SATURDAY

4829 Saratoga Avenue
Ocean Beach, California
Phone Point Loma 17

KIRK SMITH.....Editor-Owner
KATHERINE SMITH....Sec'y.-Treas.

Legalized as an Official San Diego City and County Newspaper

SUBSCRIPTION PRICES: In San Diego County, $1.00 a year; elsewhere, $1.50 a year. All subscriptions payable IN ADVANCE.

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"Entered as second-class matter December 1, 1922, at the Postoffice at Ocean Beach, California, under the Act of March 8, 1879."

Saturday, Oct. 31, 1925

A LEGAL NEWSPAPER
EIGHT PAGES

News contributors and advertising patrons will please take notice that the forms of The Beach News close at noon every Thursday and will greatly oblige by submitting their favors accordingly. Write on one side of the paper only.

* * *

In order to insure prompt and proper publication of news notices of all societies, lodges, associations and other like gatherings, the chairman, secretary or head of such bodies are respectfully requested to send their news items direct to THE BEACH NEWS office on or before Thursday noon of each week.

Communications For And Against O.B. Civic Center

In the general local discussion of the playground proposition, the columns of "The Beach News" are open to all for expressions of opinions pro and con on the subject. Statement of facts concerning both sides of the civic center controversy are necessary for a full and clear understanding of the contemplated improvement, and there should be an avoidance of animosities or the parade of petty bickerings. Please write articles for the "Community Forum" on one side of the paper only; BE BRIEF, and give name and address as evidence of good faith.

ALL HONOR TO THE GOAT

Every lover of humanity is interested in progress, from whatever source it comes or field it covers. For many years the cow—first the Jersey, then the Holstein, later an Australian milking Durham—carried off the honors for the world's milk and butter fat production. Now comes the lowly goat, however, and cops all honors for greatest production, weight of animals and pounds of feed consumed considered, by breaking by long odds all former records for milk, butter fat, butter or cheese produced. This remarkable animal is a full blood 3-year-old Saanen, owned by Mrs. L. S. Thomas of 3477 Mission Drive, San Diego.

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Katherine's "Kollum"

By MRS. KIRK SMITH
Phone Point Loma 17

CHANGE IN PASTORATE OF O. B. CATHOLIC CHURCH

Rev. Peter Santy, of Santa Ana, has been appointed by Bishop John J. Cantwell, of Los Angeles, to the pastorate of Sacred Heart Catholic Church, Ocean Beach, replacing Rev. Declan E. Foley, whose appointment to another pastorate will be announced in these columns next week. Rev. Peter Santy will assume his ministerial duties here next Tuesday and will reside in the vicinity of the church at Saratoga avenue and De Foe street.

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PLUMBERS' WIVES HAVE HAPPY SOCIAL

Mrs. Edward K. Burdette of 2005 Bacon street, entertained the Ladies Auxiliary of the Master Plumbers' Association last Thursday afternoon. Delicious lunch was served and cards were enjoyed. Those in attendance included the Mesdames J. S. Johnstone, Val Turner, F. I. Mason, J. L. Mason, W. H. Morton, Harry Buckles, Erling Rohde, Edward Rohde, G. J. Radcliffe, W. A. Stromquist, W. J. Thomas, and S. J. Williams.

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Greeting Cards—Froide—Bacon St

◆ ◆ ◆

CLARA PENNY CELEBRATES ELEVENTH BIRTHDAY

A joyous birthday party was held last Friday, Oct. 23, in honor of the eleventh birthday anniversary of Clara Penny at the home of her parents on Saratoga avenue. Children's games were played and the popular young hostess was the recipient of many pretty and useful gifts. The guests participating in the happy occasion included Buddy Faber, Betty Howe, Jerome Burdette, Madeline Burdette, Emma Schwartz, Anna Jane Martin, Celia Martin, Alga Webster, Freddy Myers, Buster Allen, Elaine Wriglet, Mildred Caldwell, Rose Marie Gavin, Ella Cole, Ramona Cole and Mrs. Ross Gavin of San Diego.

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O. B. WOMEN'S CLUB

The Board of Directors of the O. B. Women's Club will meet next Monday evening at 7:30 o'clock. Immediately after the directors meeting, the Study Department will hold their first meeting. Dr. Lena Creswell of 4920 Niagara avenue will speak on the early history and landmarks of California. Tuesday night the Garden Department will hold their regular meeting.

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A CHRYSANTEMUM TREAT

Lovers of flowers and the San Diego Floral association were specially invited by Mr. and Mrs. Erksine Campbell to view their beautiful chrysanthemums on Point Loma last Wednesday afternoon.

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SCHOOL TEACHER MARRIED

Miss Mildred Harrah, a well and favorably known teacher at the Ocean Beach public school for the past four or more years, was married to Frederic Fish last Saturday in San Diego. The newlyweds will make their home in Kensington Park.

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ARRIVES FROM WISCONSIN

Mrs. B. J. Goetz and son, of Waukisha, Wisconsin, arrived in Ocean Beach last Sunday and expects to make her permanent home here. Mrs. Goetz is the sister of R. W. MacDonald, the enterprising proprietor of the Hotel Newport, on Newport avenue.

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GOING TO SAN PEDRO

Mr. and Mrs. P. A. Gaffney, of 5132 Saratoga avenue and their three children will move next week to San Pedro, where Mr. Gaffney has been transferred for his naval duties on the U. S. S. Maryland.

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Mr. and Mrs. John W. Rankin motored to their ranch in the Imperial Valley this week.

RADIO DANCE AND SOCIAL AT PENINSULA MASONIC CLUB

A goodly gathering of members and guests of the Peninsula Masonic Club held a most enjoyable social at the club rooms last Thursday night. Turner B. Kline, as chairman of the entertainment committee was ably and delightfully assisted by Mrs. Kline. Refreshments were served and games were played while dancing helped to make it a lively evening from music over the radio.

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Rain-Fogs?—Permanent Waves.
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◆ ◆ ◆

P.-T. A. MEETING NEXT FRIDAY AFTERNOON

The regular meeting of the Parent-Teachers' Association will be held in the Kindergarten room next Friday, November 6, at 3:15 p. m.

The new study books have come and will be used under Miss Spani's direction in the program.

Please read chapters one and two for this month's lesson.

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RETURNS FROM VACATION TRIP TO MICHIGAN

Mrs. R. D. Crapo, wife of the popular proprietor of the O. B. Cleaning establishment on Bacon street, returned last week, from an enjoyable three months' vacation trip. She was accompanied by her charming mother, Mrs. R. D. Courtney of Port Huron, Michigan, who expects to spend the winter here, with her daughter and son-in-law.

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PLEASANT FRIENDLY VISIT

A most welcome visitor at the office of "The Beach News" this week was Mrs. Val Turner of San Diego. Mrs. Kirk Smith (Katherine) and Mrs. Turner are old-time friends.

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MOTHERS' MEETING POSTPONED

The American War Mothers social which was scheduled to take place yesterday was indefinitely postponed on account of a death in the family of Mother Mary C. LaVigne of 4626 Newport Avenue.

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SCHOOL BOY INJURED

While playing last Wednesday afternoon, Roland Jarvis, a schoolboy living at 910 Dover street, Point Loma, fell and fractured his right wrist.

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FROM STORKLAND

A son was born Oct. 23 to Mr. and Mrs. Carl S. Clark of 4012 Damont street, Pacific Beach.

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PREPARING LEFT OVERS

Left-overs are always very simple to prepare at the table for luncheon or light dinner when one owns an electric grill, toaster and electric percolator or water kettle.

Left-Over Roast Beef Goulash

Turn the left-over gravy into the deep pan of the electric grill and start it heating at "high" heat, and while it is heating add to this one cup of water or a can of tomatoes with half a cup of water. If a can of tomatoes is not available use three small fresh tomatoes, together with the cup of water. If there are peas or any other vegetable left over, add that too, and some potatoes, together with the beef which has been cut into small squares, and two sliced onions. Season with salt, pepper and paprika and if one likes it rather sharp add a tablespoonful of Worcestershire sauce. Cook this for ten minutes at "high" heat, then switch to "low" and let it simmer for ten minutes longer. A generous salad with a good cup of coffee made in the electric percolator or a cup of tea will round out the meal.

Subscribe for "The Beach News."

CHURCHES

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CHRISTIAN SCIENCE SOCIETY
1965 Abbott Street, Ocean Beach

Services are held as follows:
Sunday morning at 11 o'clock.
Sunday School, 9:45 a. m.
Wednesday evening at 8 o'clock.

FIRST BAPTIST CHURCH OF OCEAN BEACH
DeFoe Street at Santa Monica Ave
Rev. W. S. Dunn, Pastor

Bible School at 9:45 a. m.
Morning worship at 11 o'clock.
Sermon by the pastor, "The Christian's Hope."
Young people's meeting 6:45 p. m.
Special musical program at 7:45 p. m.
A cordial invitation is extended to all to attend these services.

CATHOLIC CHURCH
Cor. DeFoe St. and Saratoga Ave.
Pastor: Rev. Peter Santy

Sundays—Masses at 8 and 10 a. m.; Sunday school, 9 a. m. Evening service, 7:30 o'clock.
Week Days—Service at 8:00 a. m.
At Roseville, Sundays—Service at 10:30 a. m.; Sunday school 11:30 a. m.

UNION CONGREGATIONAL CHURCH
(Corner Defoe Street and Santa Monica Avenue)

Sunday morning, Nov. 1, at 11 o'clock, Rev. William I. Newman will preach. Subject: "The Unity of Believers."

Sunday School at 9:45 a. m.

TRINITY MISSION EPISCOPAL
Sutcliffe Bldg., 1955 Abbott Street
Rev. George Wallace, D.D., Pastor.

Sunday school at 9:45 a. m.
Morning service at 11 o'clock.

Health and Home

THE WOMAN WHO WORKS

In this new order of things, with women, both married and single, broadening their business activities, a very serious problem arises. It is the problem of what, when, and where to eat.

Breakfast is always a hurry-up meal for the men but much more so for the woman who goes to business. Luncheons, of course, are taken in the lunchrooms and restaurants in the business districts and are no problem. But how about dinners? Shall they, too, be restaurant meals or can they be so planned that business women may enjoy the home cooking of which they are so fond? Take away the element of haste and anxiety and in its place put carefully thought-out menus, well planned and easily prepared, and home dinners will again regain their high favor with the working housewife.

One of the big worries is frequently with the milk. Did it come? Is it fresh? Is it frozen? Has the milkman been paid? Are the bottles washed and set out? However, there is no cause for worry about milk. Why not keep a dozen cans of evaporated milk in your pantry? There are large cans, equal to a quart of milk and smaller cans that will meet the lesser needs.

For evaporated milk is just pure, fresh milk with more than half the water missing. This water can be replaced in a jiffy, if you so desire or you can use it as cream if rich and creamy foods are desired.

Here are a few recipes that may be used by "The Woman Who Works" for forming her plans for self help and good home cooking.

Scalloped Ham and Potatoes.

1 pound smoked ham	1½ cups water
6 medium potatoes	1 green pepper (may be omitted)
1½ cups evaporated milk diluted with	Flour

Cover the bottom of an oiled baking dish with sliced, raw potatoes. Sprinkle with flour and pieces of ham ½ inch square. Repeat until dish is full. Fill dish ¾ full of diluted milk. Bake until potatoes are tender.

Eggs en Casserole.

6 hard-boiled eggs	¾ cup evaporated milk
3 tomatoes	¾ cup water
2 tbsp. butter	½ cup grated cheese
3 tbsp. flour	Buttered crumbs
2 tsp. salt	

Cut hard-boiled eggs in half and arrange around the edge of a greased casserole. Slice tomatoes in center of dish. Make a white sauce of the milk, water, fat and flour. Add cheese and stir over a low fire until cheese is well mixed and smooth. Pour over tomatoes and eggs. Cover with crumbs and bake twenty minutes in a moderate oven.

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SOMETHING TO THINK ABOUT

By F. A. WALKER

THE SUBTLE SPIDER

HIDDEN in some dark corner, or perhaps right before your eyes the spider spins his silken web in which to entangle and destroy his unwary victim.

Whether you believe it or not, you are watched every hour of your earthly existence by some sort of vicious spider planning to entrap you.

If you are less watchful than he, if you do not take account of your words and actions and make a mental note of the trifling web-like things which are happening all about you, the spider will eventually outwit you.

And when once you become enmeshed in his invisible web a great sense of fear will descend upon you with the weight and swiftness of a raging deluge, of whose existence you did not before believe to be possible.

Falling into the spider's web is one of the deplorable misfortunes of the human kind. Everybody in life, from the rosy-cheeked schoolgirl to her mature parents, is liable to become entangled, for the spider is no respecter of youth or age.

A bewitching smile, a glance of the eye, a musical voice, a beaming countenance, an uncontrollable greed for wealth, may, in some way or another, prove to be the flowing thread of the terrible web flung out by a passing breeze to entrap you.

"Now," says the spider, as he spins another thread to make your captivity more certain, "now I am in position to continue our discussion."

Up to this moment you have succeeded in eluding him.

And in your fancied security, as likely as not you have taunted and derided him, so now he is bent on mocking you, quite ready to resume the discussion.

But the manhood in you is going to outwit him.

You are going to wean from him his subtle power, by warning the world from your housetop to beware of his silken web which has through the ages strangled out love and hope, washed out eyes with tears and poisoned hearts until they have festered and died.

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"What's in a Name?"

By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

MELINDA

THOUGH not generally listed in English nomenclature and regarded rather as a product of the South in this country, Melinda has in reality an interesting history dating back to Spanish ballad lore. In that remote era, she was undoubtedly Melisenda and first appeared as the name of the wife of Don Gayferos who was taken captive by the Moors, on the occasion of the feats that were represented by the puppet shows in which Don Quixote took an unfortunately lively interest.

Another Melisenda was Princess Melisenda who carried the uneasy crown of Jerusalem to the House of Anjou. It was a most natural step to eliminate the overabundance of syllables and contract the name to our present-day euphonious Melinda. For some inexplicable reason it caught the fancy of the South and its popularity there is still unquestioned.

The opal is Melinda's talisman'c stone. It is the most mysterious and fascinating of all gems and is believed to bestow upon its wearer the charm which comes from brilliancy, restlessness and ever-changing moods. It will prove for Melinda a talisman against sorrow. Monday is her lucky day and 1 her lucky number.

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THE FRATERNITY OF GRIEF

By DOUGLAS MALLOCH

YOU have had grief—but so have I;
I, too, have watched the closing tomb,
My house has had the empty room.
My heart the ache. Our loved ones die,
But, oh, the company they meet
Upon that far, celestial street,
Where throngs of angels intertwine—
My beloved and yours, your loved and mine.

I have had grief—but so have you;
And, in my hour of deepest loss,
I do not see the single cross—
Thank God, I see the other two.
Yes, my own loss has this much gain:
I feel the brotherhood of pain.
And, kneeling here beside my own,
I know the loss that you have known.

We have our grief—but so have all.
In all our grieving all our grief
Must not be selfish. Pluck one leaf
And gently let one petal fall
Upon some spot where someone sleeps
For whom some other woman weeps,
For whom some man will mourn today;
We have had grief—but so have they.

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SCHOOL DAYS



THE WHY of SUPERSTITIONS

By H. IRVING KING

HALLOWEEN

AS EVERYBODY knows, Halloween is the night especially favorable for the practice of all sorts of magic rites, especially of those "projects" or love divinations and charms, by which young men and maidens seek to know something of their future partners or see them evolved visible from thin air. Ghosts and spirits walk about and wierd things are said to happen on Halloween.

In some places boys mount pumpkins on poles and, draped in a sheet, carry them about simulating ghosts.

All this is but a perpetuation of that feast of the dead which our ancestors celebrated unnumbered centuries ago. Nearly every savage race on the globe has such a feast today on some date when the spirits of the dead are supposed to return to their earthly habitations. Ours is a perpetuation of the old Celtic feast of the dead which was celebrated on the Celtic New Year's day—November 1.

In the hopes of supplanting an old pagan custom by a Christian observance, Pope Gregory IV in 835 established the feast of All Saints for November 1. But this substitution not working as well as was expected, a feast of All Souls was instituted, and November 1 being already occupied, was placed for November 2. Or rather the custom grew up from the example of Odilo, abbot of Clugny, spreading throughout Christendom, though it is said never to have been formally sanctioned by the church itself. This custom of celebrating a mass for "all the dead who sleep in Christ" on November 2 it was thought would be sufficiently analogous in its idea to wean the people from their old heathen rites of November 1. It was the church's second attempt to do away with the old pagan feast of the dead, the maimed rites of which still flourish among us in the observances of Halloween.

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THE YOUNG LADY ACROSS THE WAY



The young lady across the way says that even if it should turn out to be true that the Germans have learned how to make synthetic gold and they manufacture it in such large quantities that it wouldn't be worth anything any more we'd still have paper money, which is more convenient anyway.

(© by McClure Newspaper Syndicate.)

Mother's Cook Book

Shadows lie dark on the hillside,
Sunshine lies warm on the shore,
But the golden rod waves in his pride,
And the clover blooms no more;
Gone are the blossoms of May,
Their robe is a purple leaf;
And the corn stands ripe in his sheaf,
For summer is gliding away.

COMMON FOODS

ALL liquids from peas, carrots, turnip, kohl-rabi or in fact any of the flavor vegetables that are not too strong should be saved and served with the vegetable as sauce. Chilled it may be used very effectively as a drink, given to a child who needs the mineral salts.

Delicious Cake Filling.

Beat two eggs until stiff, add one-half cupful of sugar and the pulp and juice of a large tart apple grated. Beat until firm enough to spread; cover the top of the cake with the filling.

For company occasions serve the good old pumpkin pie with whipped cream into which a little good-flavored grated cheese has been added.

Cranberry Ice.

To two cupfuls of cranberry puree (cooked fruit put through a sieve) add two cupfuls of sugar and three cupfuls of water. Pour into a freezer and freeze as usual. Serve in sherbet cups with the meat course.

Custard Nut Pie.

Prepare a custard pie as usual, using a pint of milk and two large eggs, sugar to taste and a bit of salt and grated nutmeg. Just as it goes into the oven sprinkle over the top a cupful of minced black walnut meats. Bake as usual. The nuts will make a delicious brown crust all over the top.

Coconut Soup.

Grate the meat of one fresh coconut. Cook a tablespoonful of butter with a tablespoonful each of flour and curry powder. Add a quart of milk and water, a pint each and the coconut; simmer for a few minutes, add salt and serve. Some like a cupful of peas added just before serving.

Spinach a la Sousa.

Cook a peck of spinach in the water that clings to the leaves after washing. When tender, drain and chop. Add two beaten eggs and one yolk and two tablespoonfuls of parmesan cheese; mix and season with a teaspoonful of salt, one-half teaspoonful of pepper, two tablespoonfuls of butter and a grating of nutmeg. Cook for five minutes, stirring carefully until the mixture is well thickened. Remove from the fire and add the beaten white of an egg. Mold with a tablespoon into egg shapes and fry in a little bacon fat. Arrange on a serving dish and pour around tomato, bechamel or any other preferred sauce.

Nellie Maxwell

(©, 1925, Western Newspaper Union.)

SHE HANDS MACK VIOLETS

By DONALD A. KAHN

(© by Short Story Pub. Co.)

WHEN Marcia Merideth came West with her newly acquired A. B. degree to work for a master's at our university and to assist the rhetoric professor in reading our themes, the whole class, including the professor, promptly fell in love with her. She was twenty, she was pretty, she was clever, she was witty—and she knew her business.

The Junior prom' at our university is the one big social function, so naturally, at the start, all the fellows aspired to take Miss Merideth to the prom'. But it proved that the pretty reader found frequent occasion to cite Lindsey Murray's grammar and to recommend the dictionary, which was not only disconcerting from a scholastic standpoint, but tended to throttle our natural eloquence. One can't talk freely when he is wondering about his diction.

Only two of the boys seemed to stand any show at all—Jack Jamison and Mack McAllister. Their themes were royally received. They boasted not only uniform "A" grades, but favorable marginal comments as well. Emboldened by scholastic success, Jack often essayed to take Marcia driving, and Mack to show her the wonders of his birch-bark canoe. Four months after school started these two alone remained in the lists. The rest of us, including the professor, retired in their favor. But even the fact that the professor had been vanquished along with us was small consolation.

Tuesday and Thursday afternoons Miss Merideth held consultations in the rhetoric room for the benefit of those who might wish to consult her about their work. Regularly each Tuesday Mack put in an appearance. Thursday was Jack's day. Like sensible youngsters, they had made this equitable arrangement.

The visitor would manage to arrive about two-thirty, and, someway, Miss Merideth would be kept in consultation until an hour past the set time. She would be asked to discuss everything, and anything—except rhetoric. Then, at five, he whom the day favored would escort her to her sorority-house home. But neither, for several months, skillful and persuasive as both undeniably were, had been able to gain Marcia's acceptance to an invitation to the prom'. She was much too busy with her studies to think of preparing to go, she said.

Although he did his best to avoid the subject, Marcia one Tuesday insisted upon discussing with Mack his rhetoric work. For reason enough Mack tried to dodge the subject. Jack in exchange for sundry mathematical services, wrote all Mack's themes for him. Mack, though a fluent talker, simply could not write.

"I was much taken with the last paper you handed in, Mr. McAllister," remarked Marcia. "The subject was cleverly handled." Mack gazed into her wide, deep, soft, violet eyes, and swallowed.

"Thanks," he muttered, huskily.

"Your short stories especially are always exceptionally good," continued she, "yours and Mr. Jamison's." She looked at Mack, expecting manifestly, some reply.

"Jack's better at it than I am," responded Mack—honestly enough. "He has no trouble selling his stuff. The editors just jump at it."

"Don't you ever sell yours?" asked Marcia. Mack shook his head. Jack gave Mack only class rights to the stories. He reserved title to the manuscripts and later marketed them under a nom-de-plume.

"I'm best at argument and exposition," Marcia told him, "but I'd much rather write fiction. I've always wished I could do stories."

"Stories are easy when you know how," Mack assured her. "I'm certain you could learn. They're a regular lead-pipe cinch—nothin' to 'em."

"Do you want to do something for me, Mr. McAllister?" she asked, archly. Looking into the wide, deep, soft violet eyes Mack fervently felt that dying for Marcia would be a mere pastime. "Write a story for me, right now, right here, so I can watch and see how you do it!" she requested. "Maybe I could learn that way. You're such a master at it."

For a moment Mack scratched the edge of his ear, thoughtfully, and then a ghost of a grin lurked in his features. He knew jolly well he never could write a short story—even for Marcia Merideth.

"Why, I'll tell you," he started to explain. "You'll laugh; I know it"s funny. But I'm a queer sort of cuss. I can't write unless the shades are half drawn, just up enough to give a hazy kind of light, and everything—shadows, you know. And I can't do myself justice unless I have a bunch of violets in front of me on the desk. And I can't work unless I'm alone in the room. It interferes with my, my, my—artistic temperament. Funny, isn't it?"

Marcia regarded Mack with positive admiration. She had known hosts of others, had Marcia, but Mack had them all easily beaten. With difficulty she suppressed a smile.

"Violets? How would these do?" she asked, and drew from her belt a bunch that the desk had hidden. Mack wished he had made it chrysanthemums. "You can arrange the window shades just as you like them," she continued. "And I'll leave you here in the room all alone." She looked full at Mack and smiled quaintly. "So your artistic temperament won't be interfered with," she added. "When you're through bring your story into the outside room. I'll be waiting for you there." She left him.

So soon as the door was closed Mack whistled several bars of a popular waltz, danced the beginning of a horn-pipe, and then grinned at his predicament. He walked over to the open window, not to adjust the shades, but to peer out. Mariners stranded on a floating plank have actually been rescued, thought Mack. Why give up hope? One glance at the passing throng showed Mack that luck was with him.

"Jack!" he hissed. Jamison, outside, stopped dead still in his tracks, dropped cigarette in his surprise, and looked up to where Mack was leaning out. "Where you going?" asked Mack.

"Post office," replied Jamison. "Just pounded out a lulu for Hamilton's magazine. It's a blinger, believe me. Fellow meets a girl and falls dead in love with her—real affinity business. Turns out that she's the finished edition of a baby he rescued from in front an approaching trolley when they were a couple of kids. Lots of heart interest and a couple rip snorting love scenes. Robbie W. Chambers is bounding up against a rubber fence beside of me. Ought to bring at least fifty bucks, and the Lord knows I need the money," stated the author, with becoming modesty.

"Give muh de cheild!" ordered Mack, his voice nicely fixed between command and entreaty. "I need it in my business, old man. I'll bring it back to you tonight." Remembering a double assignment of trigonometry problems to be handed in on the morrow, and cognizant of Mack's ability as a juggler of figures, Jamison mutely surrendered his precious manuscript and shuffled on. Mack assiduously set about to copy the story.

In a half-hour he appeared before the pretty reader with the story—and a smile. "It's rather punk," he apologized, tendering her his copy of Jamison's masterpiece, "but I rather rushed it through. Didn't want to keep you waiting longer than was necessary, you know." He assumed an easy pose, while Marcia read Jamison's story. He noticed that her bewilderment increased as she read, and wondered.

"Pretty fair?" he suggested, genially, when the girl was through the last sheet.

"Your love scenes are perfectly charming," she declared. Her fair brow wrinkled in perplexity. She bit her lip cruelly, troubled that she had been able to doubt him. Then she confessed.

"I don't know why, but we suspected the themes you handed in were not your own work," said she, "and Professor Haughton asked me to test you this way—by asking you to write a story extemporaneously. It was Professor Haughton's suggestion—I'll have to explain to him how wrong he was. I'm awfully sorry that I doubted you, Mr. McAllister. I feel terrible about it. Will you forgive me, please?"

Mack looked into the wide, deep, soft, violet eyes—and forgave her.

"Will you go to the prom' with me?" asked Mack, following his advantage promptly. "I'd just love to take you—I don't feel hard at all."

"Gladly," she accepted. "I'm grateful that you're not displeased with me."

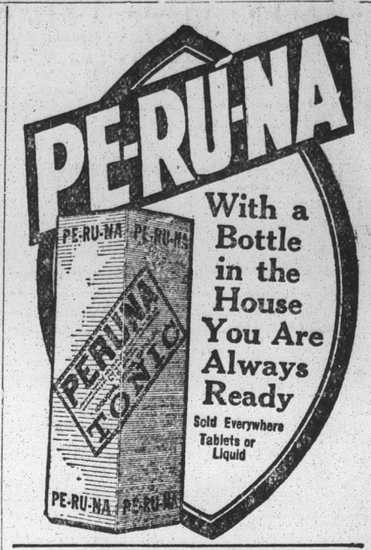
Pretty fair writer, that Jamison, thought Mack. But he's no diplomacy, no diplomacy! He never would have forgiven her, if she had doubted him.

Rabbit's Brain Work Foiled Deadly Enemy

A writer in the Youth's Companion says he had the unusual experience of a lonely winter in the Black hills of South Dakota, where he occupied, through the kindness of the forest service, a ranger's cabin at Custer peak. It was a long and cold, but beautiful winter, he writes, and it was full of interesting experiences. One occurred toward the close of the season after a long and heavy snow storm.

Continuing his narrative, he says: "A rabbit lived under the cabin and one morning after a storm a weasel found him. I noticed the rabbit dashing wildly to and fro through the snow. Finally he stopped on a hummock only to bound away at once. Then for the first time I saw the savage pursuer relentlessly coursing his trail. I had left my rifle in Deadwood, but immediately I entered the lists against the weasel. Rushing him with an ax I missed ending his cruel life by less than eight inches. I hurled firewood at him and tried to brain him with a club. All to no avail. The weasel knew no fear. He was too quick for me, and knew it. His one determination was to dine on rabbit and nothing could sidetrack him.

"For two hours the grim drama continued. The rabbit never ran far, often stopping to rest. Repeatedly he leaped away only a few inches ahead of the weasel, who whenever he lost sight of the cottontail would carefully search every rod of the area within a 400-foot circle. Finally the rabbit disappeared, and after searching vainly for a half hour the weasel quit and departed, probably bent upon murderous quests elsewhere. Later, much later, I found the rabbit very much alive and well where he had buried himself in a snowdrift; he deserves credit for knowing enough to escape from so determined an enemy."



Lightning Statistics

"Lightning is a gentleman and observes the rules of the Marquis of Queensberry—it won't strike a man when he's down," according to electrical engineers quoted in the bulletin of the Pennsylvania public service committee.

The possibilities are that a man standing directly under a storm cloud would be struck 15 times in 100 strokes, while a man flat on the ground only once in a hundred strokes.

Two million volts of electricty, having characteristics of lightning, have been made by scientists for experimental purposes. Lightning has an average potential of about 100,000,000 volts, about a million times the voltage of house-lighting current.

DEMAND "BAYER" ASPIRIN

Aspirin Marked With "Bayer Cross" Has Been Proved Safe by Millions.

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years.

Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

Weather Made to Order

Jackie, age six, had been told he might go to the circus if it didn't rain. The night before the grand and glorious day his mother suggested that before he went to sleep, he should ask God to bring nice weather for the circus.

"Did you pray to God as I asked you to?" she asked, the next day.

"Yes," responded Jackie, and he said, "It ain't gonna rain no more."—Indianapolis News.

Stop the Pain.

The hurt of a burn or a cut stops when Cole's Carbolisalve is applied. It heals quickly without scars. 30c and 60c by all druggists, or send 30c to The J. W. Cole Co., 127 S. Euclid Ave., Oak Park, Ill.—Advertisement.

Thirty-one per cent of all hospital treatment in the United States in 1923 was given free and 19.3 per cent was only partly paid for.

It makes any man nervous to have a woman gaze at him.

Promote good Health

Take care of your stomach. It is the best friend you have. HOSTETTERS Celebrated Stomach Bitters taken before meals—improves the appetite, aids digestion and imparts a feeling of robust health.

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Restores Color and Beauty to Gray and Faded Hair
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BATHE TIRED EYES with Dr. Thompson's Eyewater
Buy at your druggist's or 1129 River, Troy N. Y. Booklet.

OUTFITTING LITTLE MISSY; IMPORTANCE OF NECKWEAR

FOR once in her brief career, Little Missy finds herself treated with proper and highly gratifying respect, by those who design clothes for her especial benefit. Following in the wake of the new modes for grown-ups, they have turned out frocks, hats and coats, breaking out everywhere with style points like those that her elders approve for themselves. She feels that we women are all standing together in the matter of wider skirts, long sleeves, higher necklines, new colors and other interesting affairs of

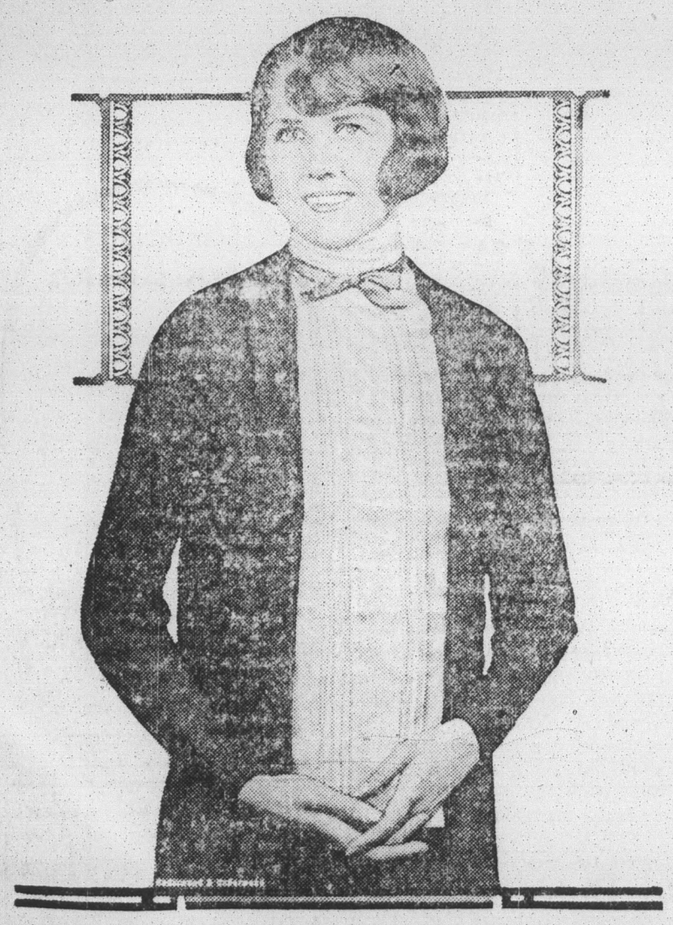


A Serviceable School Frock.

style. Mother agrees with her, but going into details, without mentioning the fact, considers first what fabrics and styles are correct for the little, and probably opinionated, fairy in her home.

For the school frocks the choice lies mainly among flannels, cashmere, jersey, balbriggan, twill, rep and other sturdy wool cloths—augmented by worsted plaids and velveteen which are used in conjunction with the plain materials. In colors there are navy and brighter blues, medium greens, tan, brown, red and the wine shades to be considered. Plaids include many bright colors and velveteen is important in dark blue, dark brown and black. Many school frocks are made with white collars and cuffs of silk or other washable materials. For trimmings, applied bands of contrasting materials, self pipings, buttons and belts have impressed themselves on the designers of children's everyday clothes. The frock shown here of green flannel with silk, self-color stripe, is a good exponent of the mode and the picture tells its story in every detail.

Party frocks are designed with fairly close-fitting bodies and full skirts



Vestee With Standing Collar.

set on at a low waistline. They are made of bright taffetas or of georgette—the latter often trimmed with taffeta ruchings. Petal frocks and large taffeta bows—the "bustle bow," placed at the back—are style items which have been taken up in designing party frocks for young fashionables.

Pencil and notebook in hand, the fashion reporter saunters through various displays of fall and winter apparel to gather the trend of fashion in all directions. Her notes reveal, by frequent repetition of particular features, the high lights of the new modes and a review of them is sure to emphasize the importance of necklines and neckwear. When these notes are summed up they proclaim the arrival and acceptance of raised necklines, handled in many different ways, and of separate neckwear pieces that contribute up-to-date finishings to the neck treatment of frocks.

Foremost among separate neckpieces are vestees, surmounted by various types of collars, beginning with those having plain standing collars like that shown in the picture. This vestee, made of crepe de chine, satin, silk, broadcloth, batiste or any proper material, is plain, except for rows of tucks down the front, and fastens in the back and down the sides with snap fasteners. A similar vestee of broadcloth is furnished with a narrow scarf collar which slips through a slide at one side and terminates in a "fishtail" end. The most mannish of vestee models has a high, straight winged collar and a narrow black ribbon tie.

Next to the tailored group come the guimps, made of net and lace, with either long or short sleeves, to be worn with daytime frocks. The collars on these guimps include the most important styles—the round, close-fitting, flat collar, the high back and V-shaped front collar and the straight high collar. Collar and cuff sets usually comprise a round collar and rather deep, gauntlet shaped cuffs of lace with Irish crochet, Belgian and filet laces featured. Deep cream and ecru tints are preferred to white.

In silk scarfs there is a great diversity of styles and sizes and the printed designs merit a separate story. The scarfs range from one and three-quarters yards' long and ten inches wide to something over two yards long and twenty inches wide. Here is where modernistic art flourishes without let or hindrance and unique designs are worked out in the most vivid of colors. Just for instance a white scarf has a border of black flower pots from which spring modernistic flowers in the form of squares in red, green, brown and orange. Across another scarf a sailboat makes its way on a rough sea under a purple sky with orange stars and a green and orange moon, and, on another, various high-colored animals are disclosed, seeking whom they may intrigue into spending money.

JULIA BOTTOMLEY.

(©, 1925, Western Newspaper Union.)

STEP-SAVING ARRANGEMENT FOR KITCHEN



The China Closet Opens on the Dining Room Side as Well as Into the Kitchen—Used Dishes Are Passed Directly to the Sink.

(Prepared by the United States Department of Agriculture.)

The arrangement of the wall space between the kitchen and the dining room, shown in these two pictures, provides several exceptionally good features in each room, says the United States Department of Agriculture. In the dining room a built-in sideboard occupies the recess between the door leading into the kitchen and a two-way closet.

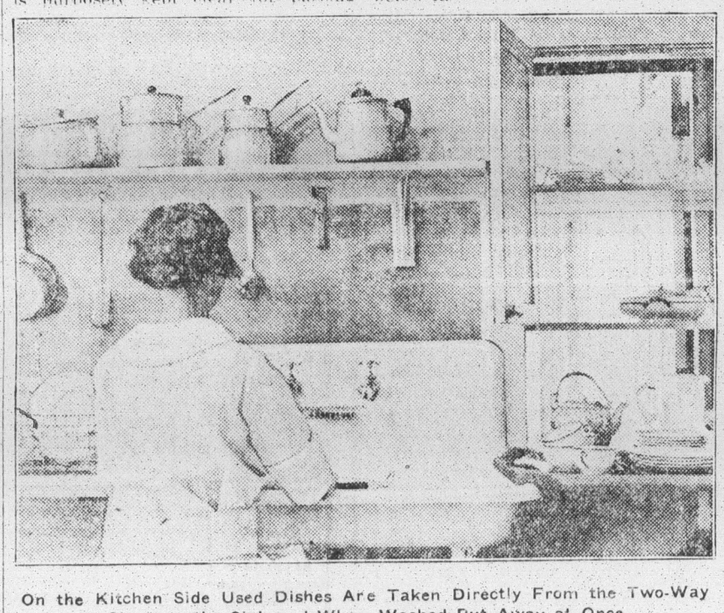
Has a Dutch Door.

The pass closet has a Dutch door on the dining room side. The lower part thus affords a convenient place for storing the electric toaster and grill, and other pieces of equipment occasionally used in the dining room. The upper part opens through to the kitchen, thus making it possible to put clean dishes and food in from the kitchen side, to be taken out on the dining room side, and to return soiled dishes with equal convenience. China and glass in frequent use, such as cups and saucers, vegetable dishes, tumblers, and the water pitcher, are kept on these shelves, but part of the space is purposely kept clear for passing things from one side to the other.

On the kitchen side they are then stacked on the right-hand drainboard, ready for washing. A dish-draining basket on the left-hand drainboard receives the dishes as they are washed. Only a few steps are needed when clean dry dishes are taken from the drain basket and put in the two-way closet. In fact, if the entire drain basket is moved to the right-hand side of the sink, even fewer steps are required. In some cases it might be desirable to reverse the arrangement of the two-way closet and the passage door.

Proper Height of Sink.

The height of the sink has been considered in relation to the height of the person who is to do the work. The worker in the illustration has added to her comfort by sitting on a high stool for the first half of the task. A shelf above the sink provides a place for various cooking utensils which are filled with water before they are put on the stove, and small implements needed at the sink are hung on hooks below it.



On the Kitchen Side Used Dishes Are Taken Directly From the Two-Way Closet to the Sink and When Washed Put Away at Once.

CARROTS ARE GOOD IN SEVERAL WAYS

Most Notable Feature Is Plentiful Supply of Vitamins.

(Prepared by the United States Department of Agriculture.)

"Carrots will make you beautiful," is a bribe used by parents of small children since time immemorial. But probably few realize how true the story really is for children and grown-ups alike.

Carrots may be cherished by those wishing to reduce because of their comparatively low caloric value and satisfying effect, but they need not be avoided by others. In fact, they serve as an excellent means of adding calories to the diet of one who is malnourished, for an extra 100-calorie portion of butter may disappear with very little effort when put on a serving of carrots. The bulk furnished by carrots is very useful in any case as it helps to regulate digestion.

Carrots are also an excellent source of mineral matter, which is used in regulating the body processes and building tissues. They contain an excess of the elements necessary to maintain the normal neutrality of the blood and tissues, and are especially rich in calcium which is essential in the building of bone structure, and in which the average American dietary has a scant margin of safety. Carrots cooked in milk are a calcium-rich combination especially adapted to the needs of growing children.

But the most notable feature of the carrot is its plentiful supply of at least three vitamins—A, B and C. Vitamin A is found in both raw and cooked carrots. Vitamin B is soluble in water so that the cooked carrot may contain only part of its original supply if the cooking water is discarded. Vitamin C is not only soluble in water, but it is also easily destroyed by heat, so that its power may be lost almost entirely by prolonged cooking in an open vessel. Fortunately the food specialist has worked out new methods of cooking carrots with special reference to preserving their vitamin C content. Carrots cut fine and cooked by a short process may be a good source of vitamin C, as well as of A and B.

Carrots may therefore be served with beneficial results to both children and adults, for they will furnish bulk to promote intestinal hygiene, mineral to regulate the body processes, and furnish building material for good teeth and bones, and vitamins to make possible normal growth and promote health and vigor. One eating carrots for the sake of her good looks may expect to become more beautiful, not through the acquisition of curly hair, but by the attainment of a more perfect state of physical fitness.

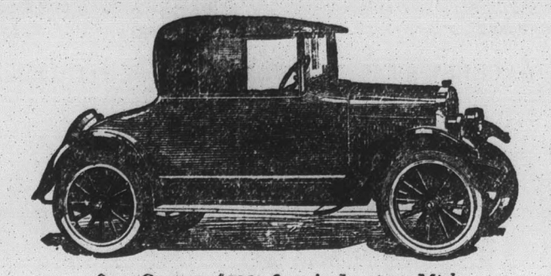
Paper Saves Scrubbing of the Sink or Table

Old newspapers, catalogues, or magazines, cut into pieces of convenient size to place under kettles and pans in the kitchen, will save much scrubbing of the sink or table. Spread newspapers over the gas range when you want to use it for a working surface; use them to receive potato and other parings, and the feathers when picking a chicken. They will save the freshly washed kitchen floor until it has thoroughly dried, and the bathroom floor, too.

A good way to keep these papers easily is to hang up a bag extended flat by a rod, with its sides open. Another way is to attach a rack for them to the back of the woodbox. Light brown paper or tissue paper should be saved for use in cleaning greasy pans and kettles.

A roll of grocer's paper on its frame will prove useful. This is cleaner than using paper that has been wrapped around bundles for such purposes as draining fried foods, lining cake tins, or even lining drawers and shelves, the United States Department of Agriculture points out. A narrow roll of white wrapping paper, fastened up on the wall, makes a handy place to jot down things to be ordered.

Paraffin paper should be on hand for covering food, for wrapping up sandwiches, and for cooling candies and cookies. Crepe paper napkins are also useful, especially when lunches are carried to school or work.



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Fewer Coal Miners Killed

Coal mine accidents in the United States during the first half of 1925 resulted in a loss of 1,098 lives, or 239 fewer than during the first six months of 1924 and the number of deaths a million tons of coal mined was 3.89, as compared with 4.73 last year, a reduction of about 18 per cent.

Kitchener Memorial

A Kitchener memorial tower is being erected in the Orkney islands, on the spot closest to where the Hampshire, with the famous British soldier and his staff aboard, was sunk.

A man judges all other women by his wife.



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Ananias Club

"I'm tired of freezing," remarked the flapper to her mother, "and I wish you would hunt me up that old pair of woolen leggins you said you had in the trunk."—Cincinnati Enquirer.

It is possible to do right and still get left.

Austrian Bread

Bread prices in Austria took such a decided drop recently that they caused a noticeable lowering of the cost of living.

When a man has an opportunity to become a hero he is usually busy at something else.

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MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

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STRAIGHT TALKS WITH AUNT EMMY

On Signing Papers for Strangers

"Did you hear about the terrible thing that happened to Mrs. Thompson, Aunt Emmy?" asked Maud. "It seems that a man came to see her to ask her to invest in some securities his firm was selling, and she said she did not have any ready money. He asked her if she had some Liberty Bonds, and she showed him her one Liberty Bond, a thousand dollar one. He told her that there were a number of counterfeit bonds about and upon examining her bond said there were some marks that indicated it might be spurious. Poor Mrs. Thompson nearly fainted and begged the stranger to tell her what to do about it.

"He told her not to be unduly alarmed, that there was a chance that he was mistaken. His firm was indignant, he said, about the counterfeit bonds that had been foisted on the public and intended to do everything in its power to run down the culprits. They employed a man who was an authority on counterfeits and he could tell in a minute if her bond was good or not. So Mrs. Thompson let him have the bond to take to his office for examination."

"And, of course, he didn't bring it back," commented Aunt Emmy.

"Worse than that!" Maud went on. "He said that, being a widow, she should be very careful in her business dealings, so he made her sign what he called a receipt, although she didn't read it. About a week after his visit she received a number of shares of stock that she says she never heard of and certainly never bought. So she wrote to the investment house the stock came from and said she thought a mistake had been made. Imagine her surprise when she was informed that she had signed an order for those shares of stock in exchange for a $1,000 Liberty Bond!

"First she was coming right over to see you and then decided not to, because she felt ashamed when she remembered that you had warned her about being taken in, now that Mr. Thompson is dead and she has to handle her own business affairs. My brother Tom says he thinks nothing can be done about it, as the receipt bearing her signature is really an order for the stock."

"I am sorry to hear this, Maud," said Aunt Emmy. "What a pity she did not take her bond to the bank to have it examined if that slick salesman aroused suspicions in her mind as to its genuineness. She would have been dealing with people of integrity, whom she could trust absolutely. And yet she allowed herself to be duped by a perfect stranger!

"Yet there must be a lot of that sort of thing when you consider that over $600,000,000 a year is being taken away from the honest people in the United States by stock swindlers. If the people would only learn to trust the guidance of their financial affairs to their banks and never sign anything they have not read and do not understand, there would be less unhappiness about money matters."—Anne B. Aymes.

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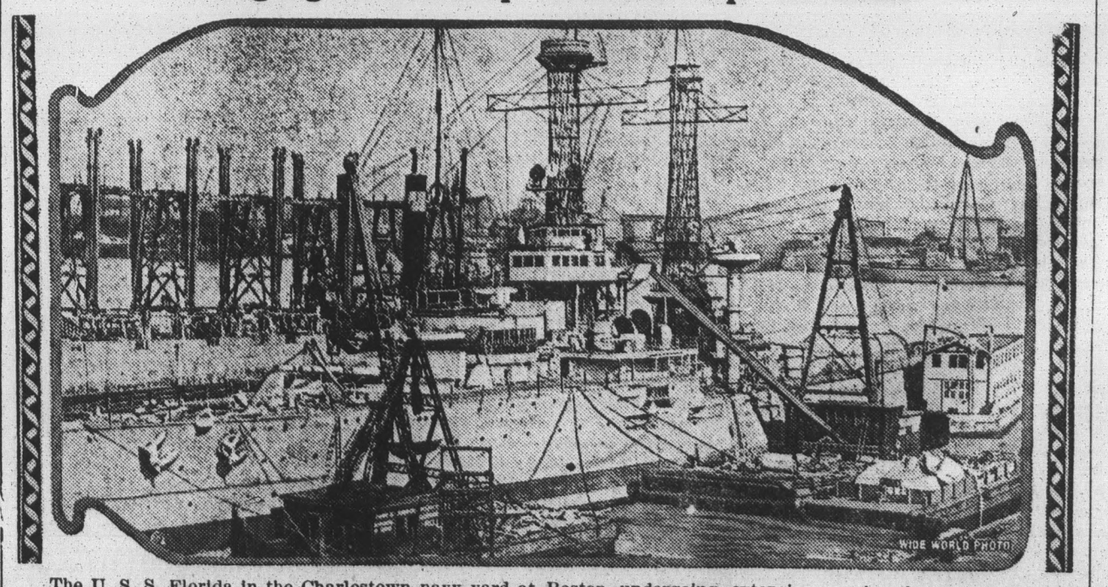
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NEW STUDENTS' CLUB AT POINT LOMA "HI"

"The Shavers" is the title of a new Point Loma High School club composed of students who own or use a razor. Organization has been completed and the following officers have been chosen for this semester: Big Shaver, Roe Berkeley; Little Shaver, Cornelius Driscoll; Latherer, Bronson Bennatt; trimmer, Raymond O'Mara; welfare committee chairman, Horace Dunning; pep committee chairman, Bryan Nelson; welcome committee chairman, Arnold Losey; social committee chairman, Donald Roberts. The faculty advisors are Mr. Houstman, Coach Foote, and Mr. Reynolds. The object of the club is to promote general good fellowship, support school activities, maintain co-operation and provide social attractions.

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